

14TH ANNUAL VIRGINIA OCCUPATIONAL SAFETY AND HEALTH CONFERENCE

June 2-5, 2009

The Hotel Roanoke and
Conference Center
Roanoke, Virginia



SPONSORED BY THE VIRGINIA DEPARTMENT OF LABOR AND INDUSTRY

OBJECTIVE:

To provide affordable safety and health training opportunities to employers, employees and safety and health professionals.

CONFERENCE REGISTRATION FEE:

- Prior to April 17, 2009 - \$250
(After 5pm on 4/17 higher rate applies)
- April 17 - May 15, 2009 - \$270
(After 5pm on 5/15 onsite fee applies)
- Onsite fee \$290 - cash or check only

After May 15, attendees must bring the registration form and onsite fee with them to the conference. Registrations will not be processed in-house after this date.

Registration includes conference materials, continental breakfast, break refreshments, and lunch.

10-HOUR REGISTRATION FEE:

The fee for this course is \$55 and is *in addition* to the conference registration fee.

Registration includes 10-Hour course materials, break refreshments and continental breakfast.

Payment can be made by check, VISA, MasterCard or IAT. Purchase orders will not be accepted. **CEUs** have been applied for.

REFUNDS:

Cancellations **must be submitted in writing by 5pm on May 1, 2009** in order to receive a refund. An administrative fee of **\$25 will be charged for all cancellations**. Substitution of attendees is allowed but **notification must be received no later than Friday, May 15, 2009**. "No-shows" will not receive a refund.

LODGING:

Reservations must be made directly with The Hotel Roanoke and Conference Center at toll-free 1-866-594-4722 or 540-985-5900 (8am to 5:30p Monday - Friday). Ask for the 14th Annual Virginia OSHA Conference to get the conference hotel room rate of **\$96 a day for a single or \$116 a day for a double, plus tax**. To receive this hotel rate, **reservations and deposits must be made by midnight, May 8, 2009**. Rooms must be guaranteed with either a credit card or first night's deposit.

PARKING

Self parking for overnight hotel guests is \$7; overnight hotel valet parking is \$12; and daily self parking is \$1 - \$6 per day.

QUESTIONS?:

Call Sharon Holmes at (804) 786-5873

PRIZES

Courtesy of DriveSmart Virginia

MAJOR CONTRIBUTORS

- VIRGINIA STATE ASSOCIATION OF OCCUPATIONAL HEALTH NURSES
- COLONIAL AND TIDEWATER CHAPTERS OF THE AMERICAN SOCIETY OF SAFETY ENGINEERS
- CENTRAL AND TIDEWATER VA SECTIONS OF THE AMERICAN INDUSTRIAL HYGIENE ASSOCIATION
- VIRGINIA AFL-CIO

14TH ANNUAL VIRGINIA OCCUPATIONAL SAFETY AND HEALTH CONFERENCE

Tuesday, June 2, 2009

7:30 a.m. -5:30 p.m.

OSHA General Industry 10-Hour Course
OSHA Construction 10-Hour Course

Wednesday, June 3, 2009

7:30 -10:30 a.m. (cont'd from previous day)

OSHA General Industry 10-Hour Course
OSHA Construction 10-Hour Course

Instructors

Nick Hart Training Coordinator
Virginia Department of Labor and Industry

Victor Collazo Safety Representative
BECO Construction

Dave Farley Safety Director
Thor, Inc.

Stuart Henderson Safety Officer
Southern Air

Dave Mazary, CSP, CHMM, REM, Safety/IH
VPP Coordinator
Western Refining Yorktown, Inc.

Jennifer Rose Safety Consultant Senior
Virginia Department of Labor and Industry

Shamsi Taghavi Industrial Hygienist
Virginia Department of Transportation

Elizabeth Tomlin Safety Consultant Senior
Virginia Department of Labor and Industry

Wednesday, June 3, 2009

6:00 -7:00 a.m. Continental Breakfast for Vendors and Staff

9:00 -11:00 a.m. Drive Smart Virginia Traffic Safety Seminar

Health Testing Station for Attendees
Augusta Medical Center
(These courses are open to all attendees and do not require pre-registration)

9:00 a.m. Registration
Exhibits Open

11:45 a.m. -1:15 p.m.
Lunch and Conference Opening Remarks
C. Ray Davenport,
Commissioner, DOLI
Jennifer S. Wester,
Director of Cooperative Programs, DOLI

1:15 - 2:15 p.m. Breakout Sessions

1. EPA's New Lead-Based Paint Regulations: What Will They Mean to You? - Chris Chapman, CIH, Froehling & Robertson, Inc.
2. How to Organize a Company Safety Day – Brian Hale, Integrity Windows
3. Using Leading and Lagging Indicators for Setting Safety Objectives - David Mazary, CSP, CHMM, REM, Safety/IH Western Refining Yorktown, Inc.
4. Electrical Hazards: Common and Not-So-Common – Jan Thomas, PhD., Circle Safety and Health Consultants
5. Workers' Compensation vs OSHA Recordkeeping Requirements – Anna Jolly, J.D., Circle Safety and Health Consultants and January Crews-Sanchez, Frito-Lay
6. Safety Working Around Overhead Power Lines – Doug Atkins, Appalachian Power

2:15 – 2:35 p.m. Break

2:35 - 3:35 p.m. Breakout Sessions

1. Physical Attributes Test (PAT) Demonstration – Chris Tomlinson, Toray Plastics
2. Using a Culture Perception Survey – Joann Carle, Miller Coors Brewing Company
3. Chrome VI (Hexavalent Chromium): Compliance Program and Implementation – Scott Kalis, Raytheon Technical Services Company
4. Crane Maintenance Issues – Bill Davis, ALCM, CPCU, CSP, Zurich Services Corp.
5. Engineered Improvements for Lubricating Systems – Sherman Moss, Covanta Energy
6. Safe Work Practices for Tree Care Professionals – Andrew Salvatore, Dan Oberlies, Utility Lines Clearance Coalition and Peter Gerstenberger, Tree Care Industry Association

4:00 p.m. – Reception in Vendor area

Thursday, June 4, 2009

6:45-7:45 a.m. - Continental Breakfast for all attendees

8:00 – 9:00 a.m. Breakout Sessions

1. EPA's new Lead-based Paint Regulations: What Will They Mean to You? - Chris Chapman, CIH, Froehling and Robertson, Inc.
2. Going to the Next Level: SHARP/VPP - Safety Excellence Recognition – Milford Stern, VPP Coordinator, DOLI and Elizabeth Tomlin, Senior Safety Consultant, DOLI
3. How to Organize a Company Safety Day – Brian Hale, Integrity Windows
4. Top 7 Mistakes Sites Make in Eyewash Programs - And How to Avoid Them - Ken Furtsch, Bradley Corporation
5. Workers' Compensation vs OSHA Recordkeeping Requirements - Anna Jolly, J.D., Circle Safety and Health Consultants and January Crews-Sanchez, Frito-Lay
6. Safety Working Around Overhead Power Lines – Doug Atkins, Appalachian Power

9:00-9:20 a.m. **Break**

14TH ANNUAL VIRGINIA OCCUPATIONAL SAFETY AND HEALTH CONFERENCE

9:20 –10:20 a.m. **Keynote Address: Heading Towards the Future in Workplace Safety** Hon. Gary L. Visscher, U.S. Chemical Safety Board

10:20-11:20 a.m. Breakout Sessions

1. Physical Attributes Test (PAT) Demonstration – Chris Tomlinson, Toray Plastics
2. Using Leading and Lagging Indicators for Setting Safety Objectives - David Mazary, CSP, CHMM, REM, Safety/IH, Western Refining Yorktown, Inc.
3. The Ergonomics Cup for Employee Involvement – Barbara Peck, GE Energy
4. New Dust Mask Demonstration – Bill Wallace, 3M Corporation
5. More Fun and Games with Safety and Health- Doug Black, Virginia Department of Corrections
6. Crane Maintenance Issues – Bill Davis, ALCM, CPCU, CSP, Zurich Services Corp.

11:30 a.m. **Lunch**
Vendor Gifts Awarded

1:00-2:00 p.m. Breakout Sessions

1. Going to the Next Level: SHARP/VPP - Safety Excellence Recognition – Milford Stern, VPP Coordinator, DOLI and Elizabeth Tomlin, Senior Safety Consultant, DOLI
2. Using a Culture Perception Survey – Joann Carle, Miller Coors Brewing Company
3. Chrome VI (Hexavalent Chromium): Compliance Program and Implementation – Scott Kalis, Raytheon Technical Services Company
4. Unique Fall Protection Solutions – Rusty Connor, Tritech Fall Protection Systems, Inc.
5. The Business Case for Occupational Health Nurses – Pam Carter, RN, COHNS, FAAOHN, Albermarle County
6. More Fun and Games with Safety and Health - Doug Black, Virginia Department of Corrections

2:00- 2:20 p.m. **Break**

2:20- 3:20 p.m. Breakout Sessions

1. The Ergonomics Cup for Employee Involvement – Barbara Peck, GE Energy
2. Electrical Hazards: Common and Not-So Common – Jan Thomas, PhD., Circle Safety and Health Consultants
3. Media Relations in Workplace Emergencies – Channing Governorator, Miss Utility
4. Top 7 Mistakes Sites Make in Eyewash Programs - And How to Avoid Them - Ken Furtsch, Bradley Corporation
5. Trenching and Excavation Safety – Doug Barnes, Coble Trench Safety
6. Combustible Dust National Industry Awareness – John Astad, Director, Combustible Dust Policy Institute

Friday, June 5, 2009

6:45-7:45 - Continental Breakfast for all attendees

8:00-9:00 - Breakout Sessions

1. The VOSH Inspector is Here: Now What? – Lee Willis, VOSH Compliance Manager, DOLI, Roanoke Office

2. Media Relations in Workplace Emergencies – Channing Governorator, Miss Utility
3. New Dust Mask Demonstration – Bill Wallace, 3M Corporation
4. The Benefits of Apprenticeship for Your Company – Todd Cook, Apprenticeship Representative, DOLI Verona Office and Panel: Patricia Moore, Marco Pineda and Cheryl Rose, DOLI Apprenticeship Representatives
5. The Business Case for Occupational Health Nurses – Pam Carter, RN, COHNS, FAAOHN, Albermarle County
6. Engineered Improvements for Lubricating Systems – Sherman Moss, Covanta Energy

9:00-9:20 – **Break**

9:20-10:20 Breakout Sessions

1. The VOSH Inspector is Here: Now What? – Lee Willis, VOSH Compliance Manager, DOLI, Roanoke Office
2. Unique Fall Protection Solutions – Rusty Connor, Tritech Fall Protection Systems, Inc.
3. The Benefits of Apprenticeship for Your Company – Todd Cook, Apprenticeship Representative, DOLI, Verona Office and Panel: Patricia Moore, Marco Pineda and Cheryl Rose, DOLI Apprenticeship Representatives
4. Trenching and Excavation Safety – Doug Barnes, Coble Trench Safety
5. Combustible Dust: Process Safety Management Perspective – John Astad, Director, Combustible Dust Policy Institute
6. More Success Stories and 100 Percent Fall Protection in Construction and General Industry – John Dickens, VIRTEXCO Corporation

10:20 – 11:30 – **General Session – Department of Health Role in the Virginia Tech Tragedy** - Grady Devilbiss, Virginia Department of Health

11:30 - Awarding of Major Prizes

12:00 PM - Adjourn



VIRGINIA DEPARTMENT OF LABOR AND INDUSTRY

Virginia Department of Labor and Industry
13 South 13th Street Richmond, VA 23219
Phone (804) 371-2327
TDD (804) 786-2376
<http://www.doli.virginia.gov>

Questions? Contact Sharon Holmes (804) 786-5873

CONFERENCE SESSIONS

Please note: This is not a complete list of the conference sessions.

OSHA OUTREACH 10-HOUR SAFETY COURSE FOR GENERAL INDUSTRY

This course covers the OSHA policies, procedures and standards, as well as general industry safety and health principles. Topics include scope and application of the OSHA general industry standards. Special emphasis is placed on those areas that are the most hazardous, using OSHA standards as a guide. Upon successful course completion, the student will receive an OSHA general industry safety and health 10-hour course completion card.

OSHA OUTREACH 10-HOUR SAFETY COURSE FOR CONSTRUCTION

This course covers OSHA policies, procedures and standards, as well as construction safety and health principles. Topics include scope and application of the OSHA construction standards. Special emphasis is placed on those areas that are the most hazardous, using OSHA standards as a guide. Upon successful course completion, the student will receive an OSHA construction safety and health 10-hour course completion card.

RECORDABILITY VS. COMPENSABILITY: OSHA AND WORKER'S COMPENSATION IN VA

Have you had questions concerning reporting of injuries and illnesses? Take some of the guesswork out of this required process. See how Workers' Compensation reporting stacks up against OSHA 300 log entries. This presentation will give you real world examples and answers to common questions.

MORE FUN AND GAMES WITH SAFETY AND HEALTH TRAINING

Get the latest on games and competitions guaranteed to keep your safety and health training and employee incentives in first place. You will see and experience the energy of these adaptive tools. Learn how to use these tools that have been successfully developed at other sites.

VOLUNTARY PROTECTION PROGRAM VS. SHARP: WHICH PROGRAM IS RIGHT FOR YOUR COMPANY?

Find out the latest national and state information on the requirements and benefits of these prestigious safety recognition programs. See if your site measures up to become a VPP STAR or SHARP site.

SAFE WORK PRACTICES FOR TREE CARE PROFESSIONALS

A panel presentation will review hazards and the related regulations, voluntary standards, rules and best practices used by tree care professionals. A focus will be placed on key initiatives and campaigns that have significantly contributed to improving worker safety.

DRIVESMART VIRGINIA TRAFFIC SAFETY SEMINAR

Traffic Safety Strategies in the Workplace. Be briefed on the latest traffic safety trends, review free driver programs and materials, and learn about existing policies and procedures from local Virginia employers, including the Commonwealth of Virginia. Offered through a Department of Motor Vehicles grant, and conducted by DRIVESMART Virginia, this seminar is cost effective and informative. Attending this class will put you ahead of the curve.

MEDIA RELATIONS IN WORKPLACE EMERGENCIES

Get an inside look at the television news gathering process, including practical tips on how to work with the media in during a company crises.

CHROME VI - COMPLIANCE PROGRAM AND IMPLEMENTATION

This session will focus on the efforts of a large defense contractor to meet compliance standards for working with substances containing Chromium Hexavalent Cr(VI), aka "HexChrom." The presentation will highlight the steps taken to not only meet regulatory requirements, but also to develop a model program for duplication across other affected sites with similar operations. Information shared with participants will be: Site Assessment Plan, Industrial Hygiene Risk Register, Medical Plan information, PPE requirements, Engineering Controls/Plant investments, and overall Program Management.

COMBUSTIBLE DUST NATIONAL INDUSTRY AWARENESS

Where are combustible dust related fires and explosions occurring and how frequently? The recently reissued OSHA Combustible Dust National Emphasis Program (NEP) in response to last year's Imperial Sugar Refinery dust explosion and a follow-up to the Chemical Safety Board Dust Hazard study provide the basics in understanding a very complex and multidimensional subject.

According to media reports last year, over 200+ combustible dust related fires and explosions occurred throughout all sectors in 2008. Over 50% of these incidents in the manufacturing sector happened in national industries not referenced in the OSHA Dust NEP.

The presentation will include an overview of national industries (NA-ICS) experiencing combustible dust incidents not listed in the Dust NEP. Attendees can address combustible dust hazard prevention and mitigation methodologies of specific industries experiencing incidents throughout industry.

ENGINEERED IMPROVEMENTS FOR LUBRICATING SYSTEMS

Lubrication is essential to moving parts on all industrial systems. How we apply lubrication and manage the storage of the product impacts our surrounding and work environments. How can we minimize our exposure to spills and leaks? Increased storage reduces deliveries. Air powered fill systems reduce manhours. Tanks and totes mean fewer drums to handle. Labels and equipment tagging remove guesswork.

COMBUSTIBLE DUST: PROCESS SAFETY MANAGEMENT PERSPECTIVE

Over 130 highly hazardous chemicals (HHC), flammable liquids, and gases that can cause catastrophic fires, explosions, and toxic release in the workplace are addressed in the OSHA Process Safety Management (PSM) program. What about the hazards of combustible dust explosions not covered in the OSHA PSM standard? In the manufacturing, non-manufacturing, and utility sectors, combustible dust explosions also have a history of catastrophic events.

The presentation will provide helpful insight and possible cost effective administrative control measures while comparing and contrasting vapor cloud and dust explosion characteristics, which will assist attendees in understanding and managing the risk of combustible dust in the workplace.

14TH ANNUAL VIRGINIA OCCUPATIONAL SAFETY AND HEALTH CONFERENCE

JUNE 2-5, 2009

REGISTRATION FORM

Name _____ Title _____
Company Name _____ Address _____
City _____ State _____ Zip Code _____ Phone (_____) _____
Fax (_____) _____ E-mail: _____

REGISTRATION FEES:

Payment must be made by
Check, Visa, Mastercard or IAT.

Prior to April 17, 2009 - \$250
After April 17 - May 15, 2009
- \$270

After 5 p.m. on May 15 -
Onsite fees apply
Registrations will not be
accepted in-house
Onsite Registration only
(Cash or check only) - \$290

Attend any one (1) OSHA
10-Hour Course and pay an
additional \$55

I need a
vegetarian meal.

Is this your first time attending the VOSH Conference? If yes, please check this box.

Please circle the sessions you are planning to attend below. Refer to the conference agenda for information. If you are not planning on attending any of the sessions on a particular day, simply put "N/A" at the end of the row for that particular day.

Wednesday, June 3, 2009, 1:15PM	1	2	3	4	5	6
Wednesday, June 3, 2009, 2:35PM	1	2	3	4	5	6
Thursday, June 4, 2009, 8:00AM	1	2	3	4	5	6
Thursday, June 4, 2009 10:20AM	1	2	3	4	5	6
Thursday, June 4, 2009 1:00 PM	1	2	3	4	5	6
Thursday, June 4, 2009 2:20PM	1	2	3	4	5	6
Friday, June 5, 2009 8:00AM	1	2	3	4	5	6
Friday, June 5, 2009 9:20 AM	1	2	3	4	5	6

Are you attending an OSHA 10-Hour Course? If yes, please check only the course you are attending.

OSHA 10-Hour General Industry Course June 2-3

OSHA 10-Hour Construction Course June 2-3

PAYMENT MUST ACCOMPANY REGISTRATION

Check Amount Paid: \$ _____

Please make check payable to: **VA Dept. of Labor & Industry**

Fax Credit Card Registrations to (804) 371-7634

VISA MASTERCARD

Amount Paid: _____

Credit card # _____ Expiration Date: _____ / _____

Card Holder's Signature: _____ Date _____

IAT (Inter-Agency Transfer) for State Agencies Only

Fax IAT registration form to: (804) 786-8418 Attention: Sharon Holmes

Amount Paid: \$ _____ IAT Contact Person: _____

Contact Phone #: _____ Ext _____

Payments should be mailed with registration form to:

VOSH Conference
Cooperative Programs
Department of Labor and Industry
13 South 13th Street
Richmond, VA 23219

Purchase orders and American Express cannot be accepted.



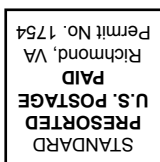
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"Climb the Mountain to Safety and Health Success"

June 2-5, 2009

The Hotel Roanoke & Conference Center
110 Shenandoah Avenue, Roanoke, VA 24016
(540) 985-5900

REGISTER BEFORE APRIL 17, 2009 AND SAVE \$40!



VA DEPT. OF LABOR AND INDUSTRY
13 SOUTH 13TH STREET
RICHMOND, VA 23219-4101